



Here we are into November!

Country Ham applications will be out later this month – this project offers a great foray into agriculture education, especially for families who don't have a traditional agriculture background. Participants not only dry cure country hams but 4-H'ers must also participate in two communication contests and gain livestock education hours as part of the 4-H Livestock Club. Be on the lookout for more information coming soon.

4-H Camp dates are set – July 15th – 19th! It'll be here before you know it.

Thanks to all the families who have already enrolled for 4-H this year – let me know if there's anything I can do to help serve you!

Thanks,
Ryan

4-H Online Enrollment



All 4-H families are asked to enroll for the
2023-2024 4-H Program year.

Head to 4-H Online [HERE](#) to begin your enrollment process.
If you have never enrolled in 4-H Online, please use the above
video above as a walk-through.

Click [HERE](#) for written instructions for both new and returning
families.

If you have questions on the enrollment process click [HERE](#) to
email Ryan.



Make plans and mark your calendars to join Woodford County 4-H on Saturday, January 27th for the 4-H Communications Contest. Sign-ups will be available in December – give a speech, demonstration or participate in a mock job interview (ages 14+).



Make plans to join Woodford County 4-H at North Central 4-H Camp this summer!
When: July 15 – July 19, 2023



Woodford & Anderson County Shooting Sports

Woodford County 4-H Shooting Sports kicks off in November with our first fall meeting. Join us on Monday, November 6th at 6pm at the Woodford County Extension Office as we review the upcoming fall season schedule. 4-H Shooting Sports is available for any 4-H-aged youth (9 years and older). For more information, email Ryan [HERE](#).

Future dates: 1/8, 2/5, 3/4, 4/15 (Cookout at Anderson County Sportsman's Club)

All meetings held at Woodford County Extension Office basement.

COOPERATIVE EXTENSION



Kentucky Volunteer Forum

VOLUNTEERS REACHING NEW HORIZONS
FEBRUARY 22-24, 2024

TO INSPIRE, EDUCATE, EMPOWER, AND RECOGNIZE
4-H AND EXTENSION VOLUNTEERS AND PROFESSIONALS



Central Bank Convention Center
Hyatt Regency Lexington

401 W HIGH STREET,
LEXINGTON, KY 40507

REGISTRATION OPENS
OCT 1, 2023

HOTEL ACCOMODATIONS

HOST HOTEL: HYATT DOWNTOWN
OVER FLOW: HYATT PLACE

DONT MISS OUT

- WORKSHOPS
- NETWORKING
- SEMINARS ON WHEELS
- OPENING EVENT
- HALL OF FAME BANQUET
- AWARDS LUNCHEON
- VENDORS
- VOLUNTEER ACCREDITATION

For More Information:

Contact your local County Extension Office

<https://4-h.ca.uky.edu/core-program-areas/kentucky-volunteer-forum>

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability, University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Come be a part of the 2024 Kentucky Volunteer Forum – a program geared at equipping volunteers for the future of Kentucky 4-H! For more information or to attend, email

ryan.farley@uky.edu

4-H Cloverbuds

All youth ages 5-8 are invited to participate in our Cloverbud 4-H Club meeting on November 15th at 4pm!

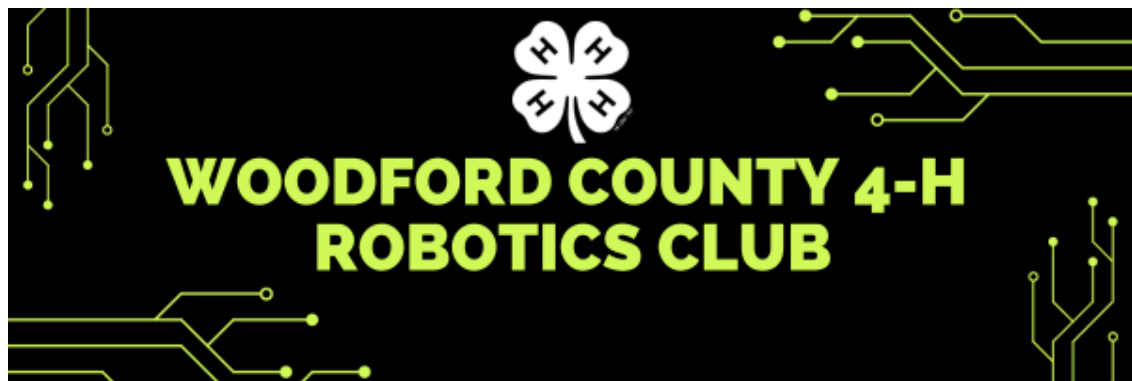
Please RSVP by filling out this brief registration [HERE](#).

Cost: Free!

Parents are asked to stay through the duration of the meeting to assist with the activities.

2023 Cloverbud Dates: 9/13, 10/18, 11/15 and 12/13

Spring dates will be announced once they are confirmed.



Interested in robotics, coding, drones or computer sciences? The Woodford County 4-H Robotics Club is for any interested 4th - 8th grade 4-H'ers wanting to explore their interests in robotics! Our next meeting is Wednesday, November 29th from 6pm - 7pm at the Woodford County Extension Office. Space is limited to 12 spots and will be filled on a first come, first served basis.

To sign up - call 859-873-4601 and let them know you want to sign up for the robotics club!

Additional dates: 11/29, 12/13, 1/24, 2/28, 3/27, 4/24 and 5/22

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WOODFORD CO. 4-H



VISUAL
ARTS
CLUB

The 4-H Visual Art Club provides a year-long style studio environment for the exploration of different artistic mediums, and the development of artistic works for entry into the Summer Project Expo.

**On the agenda next meeting: Introduction to Painting!
Please wear garments you don't mind getting dirty.**

The next meeting will be November 14, 2023 from 5:00 PM to 6:00 PM.

Please RSVP by filling out this brief registration [HERE!](#)



The Woodford County 4-H Filmmaking Club is calling all those

kids interested in standing behind (or in front of) the camera. The 4-H Filmmaking club exposes youth to filmmaking, screen acting, digital storytelling, and videography to assist youth with making their own films.

October Movie of the Month: **FANTASTIC MR. FOX** (2009).

Next Meeting Agenda: **The Three Types of Shot.**

The next meeting will be November 21, 2023 from 5:00 PM to 6:30 PM.

Please RSVP by filling out this brief registration [HERE!](#)



Embark on an extraordinary adventure with the all-new Woodford County 4-H Dungeons and Dragons Club! Unleash your creativity as we dive into the captivating realms of Dungeons and Dragons, where imagination knows no bounds. But that's not all - our club

is more than just epic quests and daring escapades. Join us to unravel the secrets of game design, master the art of collaborative storytelling, tackle challenges through group problem-solving, and even craft your very own miniatures for tabletop gaming. Your young adventurers will forge friendships, acquire new skills, and create memories to last a lifetime.

Registration Fee: \$15.00 per child.

The next meeting will be November 28, 2023 from 5:00 PM to 7:00 PM. Prior to this meeting, club members should come to the Cooperative Extension Office for an hour to create their character's miniature for gameplay. Please email treyton.blackburn@uky.edu to schedule.

Please RSVP by filling out this brief registration [HERE!](#)



The 4-H Livestock Club is for any youth interested in learning more about the livestock industry which includes traditional animal species such as cattle, sheep, pigs and goats. This year, the livestock club will also be incorporating poultry into the meetings and may feature some equine science as well. The club meets twice a month (except for December, January and May) with one business meeting ran by elected 4-H officers and one educational speaker/field trip day.

We'll be electing our livestock club officers on Tuesday, November 7th at 6:00pm! If you are interested in running for an office, check out the section below. Applications are due by Monday, November 6th.

On Monday, November 27th the club will be taking an educational

field trip to Critchfield Meats in Lexington.

Livestock Club business meeting dates (6pm – Woodford County Extension Office): 10/10, 11/7, 12/5, 1/9, 2/6, 3/5, 4/9, 5/7


Livestock Club educational meetings (5pm – location may vary):
10/23, 11/27, 2/26, 3/25, 4/22



OFFICER ELECTIONS

Our November 4-H Livestock Club meeting will feature our officer elections. This year we are electing a president, vice president, secretary and reporter. If you are interested in running for one of these offices, please fill out the document linked here and be prepared during the November 7th meeting to present for 1-2 minutes on why you would make a good officer and your qualifications. If you cannot attend but still want to run for office, record yourself talking and email it to Ryan at ryan.farley@uky.edu.

Officer application can be found [HERE](#).



Woodford County 4-H STEAM Sewing

Any youth who have completed at least one 4-H sewing project are

invited to participate in 2022-2023 4-H STEAM (Science, Technology, Engineering, Arts and Mathematics) Sewing! This club will explore how textiles, fabrics and traditional sewing interacts with the STEAM subjects.

If you are interested in participating and have completed at least one 4-H sewing project, email Ryan by clicking [HERE](#). The next meeting is November 13th at 5pm and you must RSVP by Wednesday, November 8th.



WOODFORD COUNTY 4-H TEEN LEADERSHIP COUNCIL

All 4-H youth in grades 8th-12th are invited to participate in the 4-H Teen Leadership Council on the 4th Wednesday of each month at the Woodford County Extension Office. Our next meeting is November 29th!

Dates for 4-H Teen Leadership: 10/25, 11/29, 1/24, 2/28, 3/27,
5/22

Please RSVP to the meeting ASAP by sending Ryan an email [HERE](#).



Woodford County 4-H Teen Civics Club



Join Woodford County 4-H as we explore topics regarding our

government, elections and how you can get involved in what's going on in your city/county, state and country!

This club is geared to provide educational experiences and speakers for youth interested. High school students will meet from 5-6pm to learn content and engage with guest speakers while middle school participants will come from 6pm-7pm to learn from the high school mentors and any presenters. Topics include governmental structures and services, elections and will include a trip to the state capitol in March as part of 4-H Capitol Experience.

High school students needed for mentors and instructors!

Dates: 11/21, 12/19, 1/16, 2/20, 3/6 (4-H Capitol Experience), 4/16, 5/21

To RSVP or have questions email Ryan [HERE](#).



Grilled Sweet Potatoes

6 medium sweet potatoes	Dressing:	½ teaspoon
3 tablespoons	1 tablespoon finely	lemon zest
olive oil	chopped fresh basil	1 tablespoon olive oil
	1 tablespoon lemon juice	¼ teaspoon salt

Prepare grill for hot, direct heat. **Peel** sweet potatoes and **cut** lengthwise or on a diagonal into ½-inch slices. **Coat** each slice with olive oil. **Lay** sweet potato slices on hot grill. **Cook** about 5 minutes on each side until slices are tender and crisp, being careful not to char. **Baste** sweet potato slices with

dressing and **serve** hot.

Yield: 6 servings.

Nutritional Analysis: 200 calories, 9 g fat, 1.5 g saturated fat, 0 mg cholesterol, 170 mg sodium, 26 g carbohydrate, 4 g fiber, 5 g sugars, 2 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

Check out this great [Plate it Up Kentucky Proud](#) recipe for the upcoming month!

